



# Serving Masons and their Families, Across the Lifespan

EMOTIONAL HEALTH DESERVES attention, just like physical health. In the same way you turn to your physician with medical questions, it's important to seek emotional support when you're facing difficult feelings or hard times. As California Masons, you have an incredible resource available in MCYAF, which has a team of licensed professionals ready to help. With a sliding-scale fee schedule and video-conferencing services available, MCYAF's model of care is available to all. **Scan the code to visit [MCYAF.org](https://www.mcyaf.org) or call (877) 488-6293 to learn more or schedule a session.**

## GROUP THERAPY AND WORKSHOPS

Our dynamic groups and workshops connect children, individual family members, or peer groups with shared experiences.

## EDUCATIONAL THERAPY

Create custom learning plans to support children with learning differences. Homework and consultation support specific learning needs is also available.

## SENIOR WELLNESS

MCYAF offers senior support services to help navigate illness, grief, loneliness, and end-of-life transitions.

## INDIVIDUAL AND FAMILY THERAPY

We build trusting relationships allowing clients to explore areas of concern in a safe and accepting environment.



MASONIC CENTER FOR  
YOUTH AND FAMILIES  
Integrated Therapeutic Services



(877) 488-6293 • [MCYAF.ORG](https://www.mcyaf.org)